

Health Statement for a Course Participant.

I hereby declare that I am in good health and physically fit to participate in the course provided by BlackLion Services. I understand the nature of the course involves physical activities, tactical training, and simulated combat scenarios that may require moderate to high levels of physical exertion.

As of the date of this statement, I confirm that:

I am not currently under medical treatment or taking medication that may impair my ability to engage in physical activities or pose a risk to myself or others during the course.

I have not been diagnosed with any medical condition, illness, or injury that could be exacerbated by the physical demands of the warfare course.

I am not pregnant or planning to become pregnant during the duration of the course.

I have disclosed any pre-existing medical conditions, allergies, or other health concerns to the course organizers, as required.

I am aware that the course may involve exposure to various environmental conditions, including but not limited to, extreme temperatures, rough terrains, and challenging physical obstacles.

I understand the importance of following safety protocols, instructions from course instructors, and using provided safety gear during all training activities.

In the event of any changes in my health status or physical condition before or during the course, I commit to informing the course organizers promptly.

I acknowledge that participation in a the course carries inherent risks, and I assume full responsibility for my own health and well-being during the course. I have read and understood the course requirements and am committed to complying with all safety guidelines to ensure a secure and productive learning experience.

Signed \_\_\_\_\_ :

Date \_\_\_\_\_ :

Your Signature \_\_\_\_\_